

# The Mountain of Light

Vermont



ECKANKAR, Religion of The Light and Sound of God

April/May/June 2017

www.eckankar-vt.org

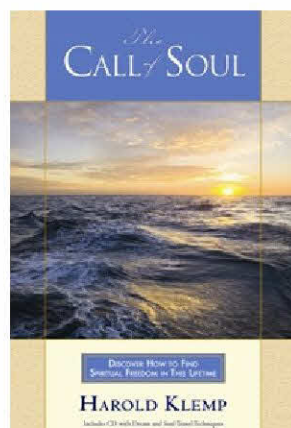


Sri Harold Klemp  
Spiritual leader of Eckankar

## The Call of Soul

*"If you are a sincere seeker of truth, you realize that something within you is constantly pushing you from the nest. You know the answers you seek do exist somewhere in the world. The inner force that pushes you to find the answers is an urge you have no control over. It is the call of Soul."*

Harold Klemp, *The Call of Soul*,



## Open Discussions

All are welcome to these open discussions on a variety of topics. People of all faiths, walks of life and traditions can share insights and find common ground at these events in different locations throughout Vermont.

### Coincidences and Amazing Connections

We've all experienced what we've called coincidences at one time or another. As we unfold spiritually, we come to understand there really are no coincidences. Our experiences are tailor made for our spiritual growth. You're invited to this open discussion that will include techniques to help understand the amazing connections in our lives.

**Monday, April 24, 6:30 – 7:30pm**

Rutland Free Library, 10 Court Street, Rutland

### How to Survive Spiritually in Our Times

As we face the many challenges in our lives today, how can we stay uplifted and keep a spiritual focus? In this one hour workshop we will explore how to keep a balanced perspective in stressful situations and learn simple spiritual exercises that can help us thrive spiritually in a changing world.

**Tuesday, April 25, 6:30 – 7:30 pm**

Isley Public Library, 75 Main Street, Middlebury

### Life after Death

What happens when we die? What can near-death or out-of-the body experiences teach us? Can we experience heavenly worlds in this lifetime or meet with departed loved ones? What can help us deal with grief? All are welcome to this open discussion which will explore these questions. Try a spiritual exercise that can help unlock the secrets of life after death.

**Tuesday, May 2, 6:30-7:30 pm**

Eckankar Center, 95 College Street, Burlington

### The Art of Spiritual Dreaming

Do you want to become a more conscious dreamer? Are you interested in learning more about yourself as a spiritual being? Join others in this open discussion to explore dream interpretation, divine guidance through dreams, and the part your dreams can play in unlocking the puzzle of your past lives and present circumstances.

**Wednesday, May 10, 6:30-7:30pm**

Kellogg Hubbard Library, 135 Main St, Montpelier

### What Is Spiritual Freedom?

What does spiritual freedom mean to you? Spiritual freedom is an individual experience. That experience may mean freedom from fear or from being bound to impediments inside or outside of us. Freedom allows us the space to discover who we are rather than accept someone else's definition of us. The open discussion will provide an opportunity to share unique perspectives. We will also try a spiritual exercise to explore whatever our next step toward spiritual freedom might be.

**Wednesday, May 24, 6:30-7:30 pm**

Upper Valley Food Co-op, 193 Main St, White River Junction

### Inner Guidance

Have you ever had a gut feeling about something, only to find later that it was right on? Insight can come as a nudge, a dream, a vision, or a quiet voice within you. Inner guidance is yours for the asking. You are invited to this workshop on inner guidance. Bring your stories, your questions, or just your curiosity. Find new ways to connect with your own inner source of truth.

**Monday, June 5, 6:30-7:30pm**

Rutland Free Library, 10 Court Street, Rutland

Vermont

MARK YOUR CALENDAR!  
COMING THIS FALL...

**Vermont Regional ECKANKAR Seminar!**  
Saturday, September 30 & Sunday, October 1



**Mary Caroll Moore – guest speaker**  
Main Street Landing Performing Arts Center  
Film House, 60 Lake Street, Burlington

For seminar information, go to <http://www.eckankar-vt.org> Are you a spiritual seeker? Do you feel the answers to our fundamental questions are found within us? The challenges we face today press us to search for truth as never before. You are invited to two days of talks & workshops to inspire your quest for truth. Together we'll explore how to keep a balanced perspective in all situations. You can try spiritual exercises to open up your dreams, past lives, and inner guidance to help you thrive spiritually in a changing world. Topics include:

**The Art of Being Spiritually Present**  
**Tending the Stillness**  
**Problem Solving in the Dream State**

**The Power of Chanting HU**  
**Innovate While You Contemplate**  
**The Transformative Power of Sound**

This seminar is free for newcomers to Eckankar.  
For more information, go to [www.eckankar-vt.org](http://www.eckankar-vt.org).

The Mountain of Light

Published by: Vermont Satsang Society, Inc.  
A Chartered Affiliate of ECKANKAR.  
95 College St. Burlington, VT 05401  
Phone: 800-772-9390

Statewide Editor  
Statewide Reviewing H.I.

William Goodwin  
Megan Elberty

**Want more information?**

You can find out more about Vermont Eckankar events on [www.eckankar-vt.org](http://www.eckankar-vt.org). You can also call us at the number below or email [eck.vermont@gmail.com](mailto:eck.vermont@gmail.com). If you'd like we can route you to folks in your local community who can discuss activities and events coming up near you.

**(800) 772-9390**



